

## Report

### “Awareness program on How to fight Covid virus”

Unnat Bharat Abhiyan Cell

Date of Event : 17.06.2020

Venue : Pachra villager, Umariadadar gram panchayat, Bilaspur (C.G.).



Figure 1: Covid 19 Awareness program organized at Pachra village on 17.06.2020 where measures for fighting corona virus were promoted among rural people.

#### Details of Event Proceedings

Date (DD-MM-YYYY)	Details of the Session	Details of Resource Person	Number of Participants
17-06-2020	Corona virus and health problems	Dr. K K Chandra, Nodal Officer, UBA GGV	140
17-06-2020	How to Fight against corona virus	Dr. Subal Das Department of Anthropology, GGV & UBA team member	140
17-06-2020	Distribution of mask and sanitizers	Dr. S. K. Sahi UBA Team member	600

**A Brief Abstract of the Event (Maximum 500 Words):**

Awareness programs on Covid 19 conducted at Pachra village on 17.6.2020 during pandemic period to control the spread of pandemic disease in villages. Through intensive visits more than 600 villagers and migrant workers were provided mask and sanitizers by UBA Team. The method of immunity boosting were demonstrated among rural resident through medicinal kadha preparation, tulsi extract and yoga practices. Nodal Officer UBA Dr. K. K. Chandra aware villagers on covid pandemic, its impact and health issues. He suggested that the precaution and social distance is the best capsule for protection of the virus. Dr. S. K. Sahi, Department of Botany demonstrated ayurvedic kadha and its use. He highlighted the medicinal garden near home and its regular use for immunity. Dr. Subal Das trained villagers on yoga and Ashans. Also distributed mask and sanitizers to the villagers and advised them for social distancing.



Figure 2. Mask, sanitizers were distributed to rural people during Covid 19 pandemic period and aware on social distancing and ayurvedic kadha preparation and use.



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